Symposium:

Applying and Adapting CFT for people with Intellectual and Developmental Disabilities (CFT-IDD)

Dr Neil Clapton

Neil has led the early development of applying CFT to adults with Intellectual Disabilities (CFT-ID), adapting and running groups for this population with co-occurring mental health issues, originally as part of his doctoral thesis. This resulted in the first published feasibility study of group CFT for adults with a mild ID.

As well as presenting the results of this seminal research, Neil will outline the latest developments in research and clinical applications of CFT for people with Intellectual and Developmental Disabilities.